

**In the Abstract:**

A film-shaped preparation disintegratable in aqueous media[[,]] for administration of substances to the human or animal body. ~~and containing~~ The preparation contains at least one water-soluble polymer. ~~is characterized in that said~~ The preparation contains one or more components that produce a gas upon action of moisture, [[or]] being in the presence of an aqueous medium or ~~in the case of~~ by a temperature change ~~in temperature~~.